Her job is fighting zombies, but her passion is helping injured vets.

The Walking Dead star Kerry Cahill is proud to stand with you on the Heal Vets team!

Actress Kerry Cahill plays “Dianne,” a member of a group called “The Kingdom,” on AMC’s wildly popular show, The Walking Dead. Off-set, she’s part of another team — one that honors and supports America’s hospitalized, recuperating, and homebound veterans through partnership with Help Heal Veterans. Thank you for being part of that team, too!

Kerry’s commitment to helping veterans is deeply personal: She was an “Army brat.” When her father, Chief Warrant Officer Michael Cahill, retired, he went to work as a physician’s assistant — helping soldiers prepping for, and returning from, service overseas.

Michael was at work at the Soldier Readiness Processing Center at Fort Hood, Texas, on November 5, 2009, when an American soldier opened fire on his comrades in a shocking act of domestic terrorism.

Although he was 62 years old and had suffered a heart attack just a few weeks before, witnesses said Michael was one of several people who charged the shooter. When the incident was over, more than 30 people were injured, and 13 were dead, including Michael Cahill. He was the only civilian killed in the attack.

Ever since he was a teen, Michael had worn a leather wristband.

Now, Kerry wears that same wristband to honor him, and all those who have been killed or injured in the service of our country. She showed off the wristband on a recent visit to the Heal Vets center.

Help Hospitalized Veterans is now Help Heal Veterans!

For 45 years, generous and patriotic Americans like you have provided medically-proven Therapeutic Craft Kits to every veteran who wants

Get your own Cahill Wristband! See page 4 ...
I want to start this first edition of Heal Vets’ new newsletter with the most important thing I will ever say to you:

Thank you!

As a faithful partner of Help Heal Veterans, you’re doing something truly amazing. You’re helping, honoring, and supporting America’s hospitalized, recuperating, or homebound servicemen and servicewomen in a way that really makes a difference in their lives. By providing Heal Vets’ medically-proven Therapeutic Craft Kits, you’re helping these brave patriots recover from a broad range of physical, mental, and emotional injuries and wounds.

I can’t thank you enough for that.

We’ve launched this newsletter to tell you more about the great work you’re doing through Heal Vets. We’ll introduce you to vets you’re helping, to doctors who’ve seen first-hand the difference you’re making, and (just like in this issue) to special friends like Kerry Cahill, who share your passion for giving vets the help they’ve earned through their service and sacrifice.

And with your help, Heal Vets will be on the lookout for new opportunities for our care specialists to place craft kits in the hands of vets to help them recover.

So once again, thank you so much for your generosity and partnership. You’re making an incredible, positive difference in the lives of injured vets, and I’m very grateful.

Sincerely,

Joe McClain
Captain, USN (Ret.)
Chief Executive Officer

Results are in: You’re changing wounded vets’ lives!

Heal Vets recently surveyed many of the vets you’re helping about the difference our Therapeutic Craft Kits are making in their lives. Here’s a small sampling of their responses:

“These kits help me keep my mind off of the things that bring me down. Just knowing that other people care helps me cope with most of my issues.”

—Scott, Army vet

“It gives me a good feeling to see that I can make something.”

—Ivan, Army vet

“I can put my grafted hands to good use by being able to flex the damaged tissue and put the kits together.”

—Ivan, Army vet

“From the things that bring me down. Just knowing that other people care helps me cope with most of my issues.”

—Scott, Army vet

“They keep your mind busy and off your pain, and give you a reason to keep moving — which helps to lessen the pain.”

—Catherine, Marine Corps vet

Experts Agree: You’re Making a Difference!

“Take a service member who may be suffering from anxiety issues. What we’ve found is the craft kits actually help them relax. Some types of brain injuries can interfere with dexterity and their ability to move their limbs. Working the craft kits causes them to now have to perform those types of movements, and we’re hearing from the service members who are using these craft kits that it helps.”

—Clint Pearman, Ph.D
Traumatic Brain Injury specialist
Marine Corps vet
Heal Vets Board Member

Watch the whole video with Clint Pearman at HealVets.org!

Help Hospitalized Veterans is now Help Heal Veterans!
(continued from front)

them, through your support of Help Hospitalized Veterans. But as technology and care have improved, many of the veterans we serve today are not hospitalized. In fact, many receive treatment in their homes.

That’s why we’ve changed our name to Help Heal Veterans (or Heal Vets for short). Thank you for the compassion and support you show wounded vets through your generous support of Heal Vets!

KEEP IN TOUCH!

HealVets.org
HelpHealVeterans
@HHVets
@healvets
youtube.com/user/hhv123
Here’s how to get your own Cahill Wristband, and send one to an injured vet!

Actress Kerry Cahill wears this wristband to honor her father and all the vets who have been wounded or killed in the service of our country.

Now, you can receive one of the very first Cahill Wristband Therapeutic Craft Kits, and send one to a vet, for a gift of $50 to Heal Vets!

Or, if you prefer, we’ll send both Cahill Wristband kits to vets. Just let us know. And every additional $25 you give provides one additional Cahill Wristband kit for a vet we serve.

Kerry Cahill, helping injured vets (continued from front)

in Temple, Texas, just outside Fort Hood.

Help Heal Veterans is proud to add the Cahill Wristband to the Therapeutic Craft Kits your generosity provides to wounded vets. Designed by Heal Vets and personally approved by Kerry and her mother Joleen, the Cahill Wristband kit is a faithful reproduction of the one Kerry wears, but with Michael Cahill’s signature embossed into the leather. (See above to find out how you can get your own Cahill Wristband craft kit!)

“As long as I have a voice, I’m going to use it to make sure America’s injured veterans get the help they need and deserve,” Kerry says. “That’s why I’m proud to stand with Heal Vets.”

Thank you for being on Kerry’s team … and ours!

A little planning today can help veterans for years to come

When you remember Heal Vets in your will or estate planning, you’ll be leaving a legacy that will provide care and support for America’s hospitalized, recuperating, or homebound veterans well into the future. There are many ways to remember Heal Vets in your estate planning — from cash bequests to gifts of property and securities, or annuities. Your lawyer or financial planner can help you decide which option is best for you.

Contact Ms. Wende Caha at 951-926-4500 for additional information.

Thank you for helping and honoring those who have sacrificed so much for us!

My Next Gift to Help Heal Veterans!

YES! I want to help brave men and women who have sacrificed so much for our country.

Here is my next gift of:

- $10 to send $130 worth of kits
- $16 to send $208 worth of kits
- $24 to send $312 worth of kits
- $32 to send $416 worth of kits
- $50 to send $650 worth of kits
- $______________ (other)

☐ I don’t wish to receive a Cahill Wristband kit.
Please send as many kits as possible to injured vets.

Please allow 6-8 weeks from the time of your order until delivery of bracelet(s). Quantities are limited.