This Fourth of July ...

“I Feel Like I Have Regained My Sanity”

You’re helping this brave vet deal with her pain.

Proud veteran Maggie Escobar never served in a combat zone, but she’s seen more death than many service members who have. She served as part of an honor guard troop at Dover Air Force Base in the months and years after the September 11, 2001 attacks.

Dover is where service members killed in action are brought home. Maggie was a bugler. She played “Taps” as the coffins of Americans killed in Iraq or Afghanistan were taken off the transport planes.

Can you imagine? All those coffins. All those brave men and women slowly, ceremoniously carried past as she played “Taps.”

Years later, she still thinks about them. When she closes her eyes, she can still see the flag-draped coffins.

Today, Maggie receives treatment for PTSD, depression, and other issues. Afterwards, she goes to an HHV Craft Center to work on the craft kits you provide her.

“‘The kits help me focus on living a positive life.’”

“‘I feel like I have regained my sanity,’” Maggie says. “‘The kits help me focus on living a positive life. They help keep my mind off the past and my health issues. They have helped me so much.’

Vets like Maggie have paid a high price for their service … and they’re still paying!

This Independence Day, we want to thank you for helping them recover through your generous support of HHV!

On Independence Day, Air Force vet Maggie Escobar says “Thank you!” for all the help you’ve given her. “I am extremely grateful, and feel so blessed,” she says.

“I feel like I have regained my sanity,” Maggie says. “The kits help me focus on living a positive life. They help keep my mind off the past and my health issues.

“They have helped me so much.”

This Independence Day, we want to thank you for helping them recover through your generous support of HHV!

My Fourth of July Gift to Help Heal Veterans!

YES! I want to help brave men and women who have sacrificed so much for our country. Here is my next gift of:

- $10 to send $410 worth of kits.
- $16 to send $656 worth of kits.
- $24 to send $984 worth of kits.
- $32 to send $1,312 worth of kits.
- $50 to send $2,050 worth of kits.
- $______________ (other)

Help Heal Veterans

36585 Penfield Lane | Winchester, CA 92596
www.HealVets.org | 1-888-567-VETS (8387)
To give online, visit healvets.org/help

☐ I am interested in including HHV in my will.

Thank you! Please make check payable to HHV. For credit card gifts, please visit healvets.org/help.

Your gift is tax-deductible to the extent allowed by law. Your canceled check is your receipt.
This Fourth of July, Vets Say “Thank You!”

We hear from sick, wounded, and injured service members and veterans every day. They tell us how much they appreciate the HHV Therapeutic Craft Kits you provide, and what a difference they’re making in their lives! Here are a few recent notes:

I would like you to know that I would very much appreciate you sending me your craft kits as often as possible. Finding them in my mail box is a little like my birthday and Christmas rolled into a package for me.

- Truly, Robert

We would like to thank all the donors who have sent kits for my father to work on. He has always been very active, since he enlisted in the Navy as a teenager to now that he is 90 years old. He always looks forward to receiving a package from you.

Your generosity helps in so many ways, from knowing that there are loving people who remember the veterans and their service, to having a project to work on to keep his mind alert and hands functioning. My father and I would like to thank all of your donors for their love and kindness.

- Jim and Gail

More Ways to Help Veterans this Fourth of July!

We’re grateful for every donor who gives to help America’s hospitalized, homebound, and recuperating service members and vets. Here are some other ways to help!

- **Bequests and planned giving:** Remember HHV in your will or estate plan.
- **Combined Federal Campaign:** Our CFC code is 12251.
- **Corporate Giving:** Ask your employer if they will match your gifts to HHV. Many do!

Learn more about ways to help our brave vets at healvets.org/donate

Thank you!